

TERMS OF SERVICE CONSULTATIONS AND LIFE COACHING

Extent of Services

We are pleased to offer Consultations and Life Coaching at Only Jesus 4 Me, Inc. (OJM), as part of a balanced approach to holistic health. Larry is an ordained minister with several advanced degrees in ministry and a lifetime of experience working with thousands of people in community settings. He wants to be a blessing and a positive help in your life. He brings his professional training, coupled with years of practical experience, to his Consultations and Life Coaching. Larry listens, consults, and offers coaching from a pastoral and biblical counseling perspective; however, he is not a licensed professional counselor (LPC), nor is he a medical practitioner. He offers support and good advice to the extent of his understanding of each client's situation, but he always encourages his clients to seek multiple avenues of advice, counsel, and support from the community that knows them well. He also believes that professional intervention is at times necessary for mental, spiritual, and psychological well-being. Larry is proud to be part of your support team in your corner, and he will be a voice of encouragement and sound reasoning. Yet Larry also wants to emphasize that he is not a replacement for the well-established practices of a balanced life. He believes these practices include consulting with practitioners who are able to offer "hands on" help that will lead to wholeness of soul, mind, and body.

Confidentiality

Larry is extremely confidential, and he will keep all conversations and information shared with him private and confidential, as allowable by law. As a pastor, Larry will treat you as part of his extended parish, and he believes that his clergy/client privilege allows for complete confidentiality of all conversations. No personal information will be shared with anyone without your express permission. Exceptions may be made to this policy of confidentiality if Larry believes there is a threat of serious injury to yourself or to someone else. Larry will always take reasonable steps to protect minors or other vulnerable people he believes may be in harm's way.

Appointments

It is very important to keep your appointments as scheduled. All cancellations or rescheduling must be done 24 hours in advance to avoid fees (see below). Larry will reserve time for you, and a late cancellation or schedule change will mean that other people will not be given an opportunity to meet with him. Please be considerate of others and keep your appointment, if at all

possible. Also, please be on time! If you are more than 10 minutes late to an appointment, Larry will assume that the appointment is canceled, but you will be responsible for the full fee (as if you did meet as scheduled). Also, if you are late, your appointment will not extend beyond the time you have reserved—it is time lost to you. If for some reason beyond Larry's control, he is more than 10 minutes late to an appointment with you, you may assume that the session will need to be rescheduled. Larry will reach out and reschedule the appointment as soon as possible, and you will receive full credit of your payment toward his next available appointment. Please understand that as a pastor, sometimes crisis situations develop beyond Larry's control, and Larry will have to reschedule with you accordingly. He will do his best to communicate with you as early as possible in these situations.

Cancellation Policy

If you cancel the booking up to one day before the meeting time (more than 24-hour notice), you will be entitled to a full refund. If you cancel the booking within one day (less than 24-hour notice), you will be entitled to a partial refund of 80% of what you paid at the time you reserved the booking.

Rescheduling Policy

If you reschedule the booking up to one day before the meeting time (more than 24-hour notice), you will not be charged a reschedule fee. If you reschedule the booking within one day (less than 24-hour notice), your reschedule fee will be a 10% fee of what you paid at the time you reserved the booking.

Consultations

As a courtesy to our registrants and facilitators, Larry is available on a limited basis for consultations about your own *Journey of Faith* or questions about OJM <u>at a much reduced rate</u> over Life Coaching. The consultation fee is \$12.95 for the first 15 minutes and \$10 for each additional 15 minutes or part thereof.

Please book the amount of time that you feel that you will need. Larry is extremely busy and usually will have clients waiting at the end of your appointment. Therefore, it is very unlikely that he will be able to extend your consultation past the time that you have reserved in advance. These consultations are available by video-conferencing (i.e. Google Meet) or by telephone. Make sure you provide accurate information when you book the appointment.

Primarily, consultations are for the purpose of answering questions about *A Journey of Faith* sessions, or discussing matters related to facilitating the *Journey* through the "Getting FIT" program or in a non-profit organization. In consultations, sometimes the discussion will include practical discussions about life and its difficult decisions. Even so, if the subject that you want to discuss gets too involved, Larry may feel it is in your best interest to continue the discussion in the realm of <u>Life Coaching</u>, as described below.

It is very important that you come to your consultation prepared to make your time count. Write out your questions and be prepared to listen carefully and make notes. Time in consultation passes quickly, and there is not much time for casual conversation.

Life Coaching

Life Coaching is a collaborative process with usually (but not necessarily) an ongoing relationship between Larry and those who believe that Larry can help them get the most out of their life. As your Life Coach, Larry will be offering you support and perspective to be able to establish new behaviors that will help you achieve your goals and move into your destiny.

Your relationship with Larry will be honest, positive, collaborative, strengths-based, and visionary. Larry will call out the best in you, believing that God has good plans for you! Your Life Coaching agenda will be developed, implemented, and measured for success in partnership between yourself and Larry. Life Coaching will always be centered on helping you to formulate healthy and biblical goals, and then supporting you to achieve them. Life Coaching is much more productive when the following things are understood:

- 1. You should engage fully in the Life Coaching experience. Improvement takes solid commitment and positive effort.
- 2. Appointments must be kept in a timely and professional manner. That means that you will be responsible to keep your appointments and be on time, unless you reschedule 24 hours in advance. A failure to cancel or reschedule 24 hours in advance will result in fees. You also understand that appointments must begin and end on time. See additional policies under Appointments above.
- 3. You must recognize that coaching does not take the place of other medical professionals, pastors, or licensed professional counselors (LPC's). Larry will be working alongside these professionals to bring out the best possible outcome for your life. It takes a team to succeed in life!
- 4. Some clients benefit from just one session with Larry, but most clients find it helpful to follow up with Larry on a regular basis. There is no pressure to commit to additional sessions, but most clients feel more rewarded when they commit to a relationship of at least three months or more, meeting on a regular schedule. This could be once per week, once per month, or a satisfactory schedule that is mutually worked out in the first session. Again, there will be no pressure from Larry. He is in your corner and happy to help you meet your goals. If that can be done in just one session, he will be delighted.
- 5. By entering into this relationship, you are acknowledging that you desire to make a change for the better in your life. You understand that changes often take time to implement and sustain. The pace of change is uncertain and varies for different individuals. Larry will advocate for positive steps that usually lead to transformation; however, the ultimate success will be up to you.
- 6. Larry encourages you to consider his coaching alongside the input of others and the full knowledge of your personal life that only you can truly grasp. The final decision of what you will do in each situation rests with you. Any perspective Larry offers is limited to the window into your world that you have opened to him. That is why honesty and full disclosure on your part will truly

help Larry be able to coach you that much better. Remember, these sessions are confidential. Be open. Be vulnerable. Be honest. Larry will know only what you are willing to share, and he can offer wise coaching only to the extent that he is well-informed!

- 7. Life Coaching works best by video conferencing. Larry prefers to meet via Google Meet and will send you a link to join the meeting each time you schedule. If you prefer Zoom, he is willing to meet you on that platform, but you will be responsible to set up that meeting with your Zoom account, and provide access information at the time you make the appointment with Larry. Please note: a free Zoom account will only allow for a 40-minute meeting. You must upgrade your Zoom account to meet for one hour. If you fail to upgrade your account and Zoom cuts you off after 40 minutes, you will still pay for a full hour.
- 8. The fee for Life Coaching is \$95 for a 60-minute session. In the unlikely event that Larry is able to continue with you beyond one hour, your time will be billed on a prorated basis for every additional 15 minutes, or part thereof. Most of the time, Larry needs to limit his Life Coaching appointments to one hour due to other clients waiting.
- 9. All participants and graduates of *A Journey of Faith* are entitled to a lifetime 15% discount for Life Coaching with Larry.